



Rise & Shine With Nutri-Serve!

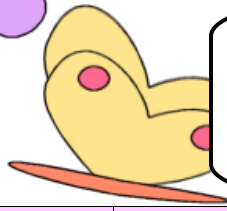
ELEMENTARY BREAKFAST MENU

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit
It is served from 8-8:30 am!

Daily Alternates:
Cereal and Yogurt
Bagel and Yogurt
Cereal and Bagel

September 2017 Breakfast Menu PRINCETON



Did you know?!?!
Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Prices: Regular: \$1.50 Reduced: \$0.30 ~ Milk: \$0.65 ~ Adult: \$3.00 *Menu subject to change*
Food Service Director: Paul Sample prd@nsfm.com ~ Phone: 609-806-4280 x2950
If you receive free or reduced lunch your are eligible for free and reduced breakfast!



Monday-Sept 4	Tuesday-Sept 5	Wednesday-Sept 6	Thursday-Sept 7	Friday-Sept 8
<p>LABOR DAY SCHOOLS CLOSED</p>			<p>French Toast Sticks with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>
<p>Monday-Sept 11 Breakfast Burrito <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Tuesday-Sept 12 Mini WG Pancakes with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Wednesday-Sept 13 TK Bacon/Egg/Cheese on a WG Bagel <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Thursday-Sept 14 French Toast Sticks with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Friday-Sept 15 Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>
<p>Monday-Sept 18 Breakfast Burrito <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Tuesday-Sept 19 Mini WG Pancakes with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Wednesday-Sept 20 TK Ham/Egg/Cheese on a WG Bagel <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>ROSH HASHANAH SCHOOLS CLOSED</p>	<p>Friday-Sept 22 Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>
<p>Monday-Sept 25 Breakfast Burrito <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Tuesday-Sept 26 Mini WG Pancakes with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Wednesday-Sept 27 TK Sausage/Egg/Cheese on a WG Bagel <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Thursday-Sept 28 French Toast Sticks with Syrup <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>	<p>Friday-Sept 29 Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options: Fresh, Cupped, or Juice Choice of Milk</p>

Milk: Skim White, Chocolate, 1% White, Strawberry



This institution is an equal opportunity provider.