



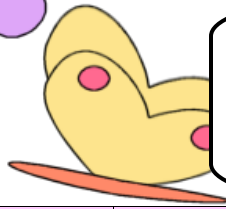
Rise & Shine With Nutri-Serve!

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit
It is served from 8 to 8:30 am!

Daily Alternates:
Cereal and Graham Crackers
Cereal & Yogurt & Cheese Stick
Bagel & Yogurt & Cheese Stick

May 2017 Elementary Breakfast Menu PRINCETON



Did you know?!?!
Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Waffle Sticks with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Turkey Ham, Egg & Cheese on a Bagel <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Mini Pancakes with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Breakfast Pizza <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Waffle Sticks with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Turkey Sausage, Egg & Cheese on a Bagel <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Mini Pancakes with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Breakfast Pizza <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice
Monday-May 15	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Waffle Sticks with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Turkey Ham, Egg & Cheese on a Bagel <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Mini Pancakes with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Breakfast Pizza <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice
Monday-May 22	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
Chocolate Chip WG Muffin <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Waffle Sticks with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Turkey Sausage, Egg & Cheese on a Bagel <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	WG Mini Pancakes with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Breakfast Pizza <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice
Monday-May 29	Tuesday-May 30	Wednesday-May 31	Prices: Regular: \$1.50 Reduced: \$0.30 ~ Milk: \$0.65 *Menu subject to change* Food Service Director: Paul Sample ~ prd@nsfm.com ~ Phone: 609-806-4280 x2950 If you receive free or reduced lunch your are eligible for free and reduced breakfast!	
MEMORIAL DAY SCHOOLS CLOSED	WG Waffle Sticks with Syrup <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice	Turkey Ham, Egg & Cheese on a Bagel <u>Sides:</u> Fruit Options-Fresh, Cupped or Juice Milk Choice		



This institution is an equal opportunity provider.

Milk: Skim White, Chocolate, Strawberry, 1% White